



Condom Distribution Scheme

Our free online Condom Distribution Scheme is open to the following groups of people living in York or North Yorkshire:

- Anyone aged 16 - 24
- Men who have sex with men and young LGBT
- People from African communities
- Sex workers
- People who inject drugs

Counselling Service

We run a free and confidential counselling service for people living in York or North Yorkshire who wish to seek support around different aspects of their sexual health.



You can self refer via our website or phone
01904 725427
for further information.

Virtual Services

We can sometimes offer you a 'virtual' service in which a telephone appointment is arranged to avoid the need for you to attend a clinic.

Currently these are available for:

- Postal chlamydia treatments
- Consultations before having an implant fitted
- Consultations before having a coil (IUD/IUS) exchanged
- Telephone advice around contraception, STIs and HIV

LGBTQ+ Youth Group

Join a supportive, welcoming, inclusive, safe space to make friends, share experiences and have fun. Meetings are for 14 to 25 year olds and run every 2 weeks online and face to face. Contact Lilly via mobile

**07855 171280 or
email yhs-tr.scot@nhs.net**



Drop in for Young People

Our young person's drop-in clinics in Scarborough, York and Catterick for people aged 17 years and under are up and running.

We also have a priority text number
07973 775692

for young people aged 17 years and under to make appointments.

Requesting a Testing Kit

If you are 16 years old and over and want to be checked for chlamydia, gonorrhoea, HIV and syphilis, you can order a postal test kit from our website